

A Handbook Of Native American Herbs: The Pocket Guide To 125 Medicinal Plants And Their Uses (Healing Arts)



Synopsis

This authoritative guideâ”based on the author’s classic reference work, *Indian Herball* of North America â”is a portable illustrated companion for the professional and amateur herbalist alike. It provides detailed descriptions of 125 of the most useful medicinal plants commonly found in North America, along with directions for a range of uses, remedies for common ailments, and notes on the herbal traditions of other lands. Entries include staples of folk medicine such as echinacea and slippery elm as well as common kitchen herbsâ”such as parsley, thyme, and pepperâ”whose tonic and healing properties are less widely known.

Book Information

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Customer Reviews

Alma R. Hutchens, a close associate of the late herbalist N. G. Tretchikoff, has been a student and practitioner of herbal medicine for many years.

Not for amateurs. In depth botanical definitions, could have better drawings on some of the herbs, or at least color for better quality.

Pretty impressive book . Covers a huge amount of Native American herbs . Fairly thorough . Not a lot of info on each herb but a good amount . About what one would expect from a handbook .What this lacks and most books like this do . Is clear images . But I guess that would make it much more

expensive and much larger in size . One can always look the images up online using Google image search .

This is a really good book with a lot of informationi would recommend this to a person who wanted to learnabout herbs, the picutres are black and white ink figuesso a book to actually see the herbs actual look would needto be purchased, unless you already know what they look likel'd recommend the great information inside this book

Not as good as Indian Herbalogy of North America. This one leaves out many plants and the information & dosing is missing.

HERBS FOREVER!!!!!!!!!!!!

I love reaading it.

Good book

fairly well done...

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Properties, Cultivation and Folk-Lore of Herbs, Grasses, Fungi, Shrubs & Trees with Their Modern Scientific Uses
Rosemary Gladstar's Medicinal Herbs: A Beginner's Guide: 33 Healing Herbs to Know, Grow, and Use
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